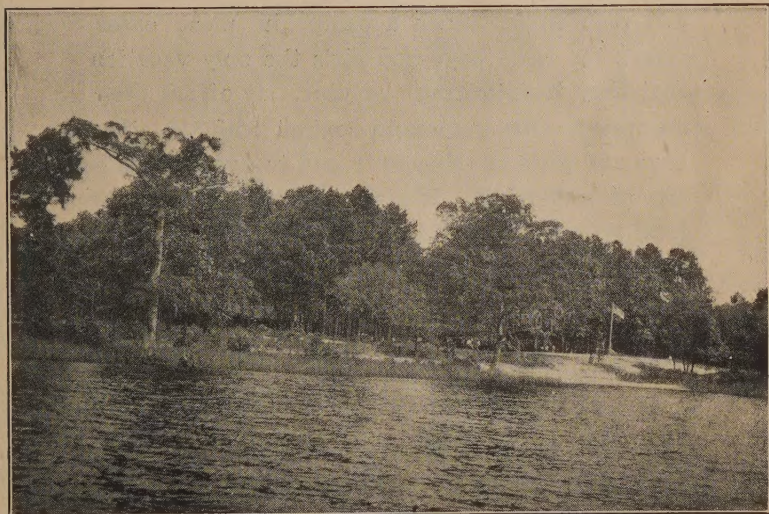


February, 1927

Extension Circular No. 164

FOUR-H CLUB CAMPS



CAMP LEACH IN BEAUFORT COUNTY IS AN IDEAL CAMP SITE

NORTH CAROLINA
STATE COLLEGE OF AGRICULTURE AND ENGINEERING
AND
U. S. DEPARTMENT OF AGRICULTURE, COOPERATING
N. C. AGRICULTURAL EXTENSION SERVICE

I. O. SCHAUB, DIRECTOR
STATE COLLEGE STATION
RALEIGH



The successful 4-H Club Camp will do more than any other one thing to promote interest in 4-H club work. Such a camp, in most cases, offers the farm boys and girls the only vacation that they have during the year. It offers them an opportunity to come in contact with the other boys and girls of the county and to develop qualities of leadership. It gives the county agent or local leader a splendid opportunity to give group instruction in subject matter, training judging teams, and recreation. In short, the annual encampment is one of the most important phases of 4-H club work.

One of the problems of every county agent is: "How can I hold a successful club encampment?" To aid in solving this problem, this publication has been prepared with the hope that the ideas which it contains will be found useful.



FOUR-H CLUB CAMPS

By L. R. HARRILL, *State Club Leader*

PREPARING FOR THE CAMP

First there must be some one in charge of the camp. Usually this is the county agent. It is advisable to have a meeting of the 4-H county council or the officers of the several clubs to help in determining the time and place of the camp.

Advertising the Camp. Every effort should be made to let each club member know about the camp sufficiently in advance in order that he may attend. A good way to do this is to send out circular letters to all club members. Have an old member to discuss camp activities at the regular club meeting one month previous to the camp. Advertise it in the local paper, giving the date, place, the daily program and other pertinent information.

Another letter should follow the first to all club members and local leaders telling them the date, place, expense, equipment and food supplies needed. Final arrangements may be completed with more dispatch if an answer is required to this letter stating whether or not the member will attend the camp.

Selecting the Date. In selecting the date for a camp the following details need to be kept in mind:

1. Weather.
2. Other attractions and meetings that might conflict.
3. Other county camps. If the date selected falls on the same date of other camps it will be harder to secure help from the College.
4. Farm conditions: By all means the date selected for the camp should be at a time when there is a "slack season on the farm."
5. Consolidation: Quite often it is convenient for two or three counties to come together for their camp. Where the number attending is not too large consolidation is desirable because it gives a large instruction force and cuts down the expense of the camp.

*Selecting the Camp Site.** In selecting the camp site be sure to select a place which affords:

1. Adequate playground space.
2. Comfortable quarters (if tents are used select a suitable place for staking tents).

*The cut on the cover sheet shows an ideal camp site (Camp Leach, Beaufort County). It has adequate playgrounds suitable for all games, a well-equipped kitchen, separate barracks for the boys and girls, a central assembly hall, and water for swimming, boat riding or fishing.

3. Plenty of pure drinking water. An inspection of the water should be made before the opening of the camp.

4. A place to swim—this water should be clean also. A place to swim is not absolutely necessary but it will add greatly to the comfort of the camp.

5. Where practical select site away from public resorts and amusement places.

6. Select a site that will drain and dry quickly after a rain.

7. Select a site where "camp fire" and evening programs can be held in the open.



A BATTERY OF TRUCKS ARRIVING AT LAKE WACCAMAW, N. C., FROM ROBESON COUNTY. FIVE TRUCKS AND SEVERAL CARS WERE USED TO TRANSPORT ROBESON COUNTY CLUB MEMBERS TO THE LAKE, AND EACH ONE WAS LOADED.

TRANSPORTATION

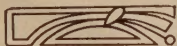
Transportation of the boys and girls to and from camp is a matter of local concern. Some county agents make use of school trucks to bring club members to camp while others depend upon the parents bringing them. In either case there should be a definite time for registration at camp and a definite time for leaving. Less confusion will be had and a greater number of boys and girls will attend the camp if school trucks are used.

SUPPLIES AND EQUIPMENT

All supplies and equipment should be provided for sufficiently in advance to insure having them for the first day of camp. Where tents are used they should be put up the day be-



A GROUP OF BOYS DRESSING CHICKENS AT THE NEUSE FOREST 4-H CAMP.



CRAVEN COUNTY CLUB MEMBERS ATTENDING THE 4-H CAMP AT NEUSE FOREST.

fore the camp opens. A well-equipped kitchen is necessary. Secure one cook for every 30 members.

Supplies to be used in instruction work should also be secured.

CAMP INSTRUCTIONS

In selecting helpers and instructors make use of all available local help, such as: Red Cross nurses, county physician, county health nurse, Y. M. C. A. workers, Y. W. C. A. workers, Boy Scout workers, and ministers.

DAILY SCHEDULE

The most important part of the camp and upon which depends the success or failure of the camp is the daily schedule. It determines not only the amount of work accomplished but also the recreation and to a large extent the discipline of the camp. A plan not carried out is worse than no plan at all. Plans should be arranged so that the activities requiring the greater amount of physical exercise will not come in the hottest part of the day. The following schedule has been successfully used in a large number of camps in North Carolina:

6:15 A. M.—Reveille.	11:30-12:00 M.—Free Time.
6:30 A. M.—Setting-up Exercises.	12:00-1:00 P. M.—Dinner.
6:45 A. M.—Swim.	1:00-2:30 P. M.—Rest.
7:15 A. M.—Breakfast.	2:30-4:30 P. M.—Games, Hikes, etc.
7:45-8:15 A. M.—Police Grounds and Arrange Tents.	4:45-6:00 P. M.—Swim.
8:30-10:30 A. M.—Class Instructions.	6:00-7:00 P. M.—Supper.
10:30-11:30 A. M.—Assembly Period (Songs, Yells).	7:30 P. M.—Sunset Services.
	8:00 P. M.—Evening Program.
	10:00 P. M.—Lights Out.

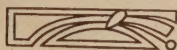
DUTIES OF CAMP OFFICERS

Camp Manager. The Camp Manager shall be responsible for camp equipment, supplies, transportation of club members to and from camp, selection of camp site, physical comfort of camp, sleeping quarters and discipline. The responsibilities of this office should be shared jointly by the Home Demonstration Agent and Farm Demonstration Agent.

Camp Director. The Camp Director shall be responsible for the carrying out of the educational and recreational program of the camp. This officer should be some local person who is willing to take the responsibility.



BLADEN COUNTY CLUB MEMBERS "ON CLASS," WHITE LAKE, N. C. COUNTY AGENT "JIMMIE" POWELL IS LECTURING ON ORGANIZATION.



INSTRUCTORS AND OFFICIALS AT CAMP—LAKE WACCAMAW, N. C.

Assistant Director. The Assistant Director should supervise the preparation and serving of all meals. This officer should be a farm woman who is a fine cook, a good manager and one who loves camp life.

Local Leader. It is the duty of the Local Leader to assist in every way that they can in carrying out the camp program. They should take the lead in playing games, swimming, setting-up exercises, and in the general activities of the camp, taking special precaution to help the timid and backward boys and girls to take a more active part in the camp.

Instructors. Each instructor is responsible for the instruction of his group and should make preparation in advance of the camp to make his subjects as interesting as possible. He should select some place to meet his group so that his class will not interfere with another group.

ELIGIBILITY

Only bona fide club members who are conducting either a home or farm project are eligible to attend camp. No one other than club members and local leaders should be permitted to attend camps. A boy friend or a girl friend of some club member attending camp will cause confusion in the schedule of work, and once the rule is broken by permitting outsiders to attend, it will be difficult to maintain order and discipline in the 4-H Camp.

One night or one day and one night should be set aside for visitors to attend the camp. No visitor should be allowed in camp except at the regular time set aside for them.

INSTRUCTION

The type of instruction and the method used by the instructor will determine the interest taken in this phase of the camp by the boys and girls. The instructor and the camp manager should keep in mind that "Too much work makes Jack a dull boy."

When possible the instruction should be work which the boys and girls can do, such as: building model poultry houses, brooder coops, terracing, wood craft, plant identification, judging, water supply, house furnishing, interior decoration, sewing, clothing, nutrition and leadership training. Every effort

should be made to avoid long, drawn-out lecture courses and bulletin assignment work, and to make the instruction interesting and practical.

DISCIPLINE

Discipline is the most important part of the club camp, because upon it depends the success of the camp. If possible the camp should be conducted without referring to discipline. Make few rules, but have it definitely understood that these rules must be obeyed, the penalty being expulsion from camp.

One of the best methods of handling this problem is to divide the boys and girls into groups or tribes and appoint, or better, have the members of each group to elect a group leader or captain who will be responsible for the activities of their group. Local leaders can be used to an advantage in this work. Remember that the problem is not how to handle the boys and girls who break the rules but how to keep them from breaking the rules. Again, the daily schedule will help if properly made out.

RECREATION

The recreational program will determine to a large extent the success or failure of any camp. Unless this part of the work is a success the entire camp is likely to be a failure. The program should be carried out in just as systematic a way as any other phase of the camp activities, and should be so planned that everyone in the camp can take part in it. Games should be selected that will give everyone an opportunity to play. Every boy, girl and instructor that is physically fit should take a part in the program. It may be hard at first but once started they are there to stay. Remember that some of the best games are the most simple. Here are a few for consideration:

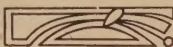
Games

Three Deep	The Birthday Party
Drop the Handkerchief	Skin the Snake
The Chariot Race	Leap Frog
Awkward Relay	Follow the Leader
Overhead Relay	Forty Ways of Getting There
Sweater Race	Choose Your Partner
Pillow Race	Baseball
Crows and Cranes	Handball
Where Are You From	Volleyball
Blind Base	Horse Shoe

Good games make a camp more enjoyable for all.



ROWAN CLUB MEMBERS RECEIVING INSTRUCTION IN TIMBER ESTIMATING AND FOREST MANAGEMENT FROM R. W. GRAEBER, EXTENSION FORESTER.



ROWAN CLUB GIRLS STUDYING PLANT IDENTIFICATION WITH MISS GERTRUDE TRIMBLE, HOME DEMONSTRATION AGENT.



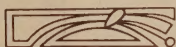
MEALS ARE USUALLY SERVED CAFETERIA STYLE. EACH CLUB MEMBER DOES HIS OWN "DISH-WASHING." UPPER PICTURE SHOWS ROBESON COUNTY CLUB MEMBERS LINED UP FOR THE NOON MEAL AT LAKE WACCAMAW. LOWER PICTURE SHOWS EDGECOMBE BOYS AND GIRLS DURING THE MEAL HOUR.



CATHERINE CLARK, FORMER CLUB MEMBER, TEACHING A CLASS OF ROBESON COUNTY CLUB MEMBERS INTERIOR DECORATION.



IREDELL COUNTY CLUB MEMBERS JUDGING DAIRY CALVES.



GAMES THAT ALL MEMBERS CAN TAKE PART IN ARE DESIRABLE. THESE CUTS SHOW A GROUP OF BOYS AND GIRLS RUNNING A "CHARIOT RACE." AN UNLIMITED NUMBER CAN PLAY THIS GAME.



A GAME OF BASEBALL BETWEEN CHEROKEE INDIAN CLUB MEMBERS AND JACKSON CLUB MEMBERS AT THE JACKSON-CHEROKEE ENCAMPMENT ON THE CHEROKEE INDIAN RESERVATION.



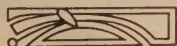
SKIN THE SNAKE IS THE GAME THESE BOYS ARE PLAYING.



THE TWO ESSENTIALS FOR A SUCCESSFUL CAMP ARE COOKS AND CHICKENS.



DUPLIN COUNTY CLUB MEMBERS SWIMMING IN WHITE LAKE.



JACKSON COUNTY CLUB MEMBERS TAKING A SWIM IN THE RIVER.
JACKSON-CHEROKEE ENCAMPMENT

SETTING-UP EXERCISES

The recreation program should be started each morning with setting-up exercises.



BEGINNING THE DAY "RIGHT," L. R. HARRILL GIVING BLADEN COUNTY CLUB MEMBERS
SETTING-UP EXERCISES BEFORE THEIR PLUNGE IN THE LAKE.

SWIMMING

Where possible every camp should be located where there is a good place to swim. If life guards are not available, then some of the larger boys should be appointed to act as guards. Advantage should be taken of this opportunity to teach the boys and girls how to swim. A part of the time should be devoted to teaching life-saving work and first aid to a drowning person. This is recreational, educational, and may help to save a life some time.

EVENING PROGRAM

A program should be planned for each evening and each program should begin with a vesper service. Vesper services may be conducted by the club members or others attending camp. Each vesper service should include short inspirational talks by local business men and other available talent. These services should be held in the open around the camp fire. In addition to this service the evening program should include games, songs, yells, stunts and story telling. The last night of camp should be given over for a stunt night, each club putting on a stunt.